

What are we willing to “trade-off” for alleged “safety against these diseases”?

Do we get vaccinated? Is it ok to travel because we just had a grandchild born across the country? Is it ok to swing at golf balls at a range and do we wear a mask there? Because we are the senior generation, there might be some “trade-offs” younger people will take that we won’t do perhaps because our choices will support our health and desired longevity.

So when is it time to “return to normal?” And, could it be that there’s a new normal? Was there even an old one but we didn’t think of it that way?

How is it that you and I, if we’ve been very careful and kept pretty isolated, might modify our behavior to interact more with others? And, if we do so, will we be safe? And if we don’t, how might our health and well-being be impacted by staying at a distance and remaining isolated?

Ordinarily on this blog, I am sharing my expertise but the crux of this health conundrum is there are few, if any, real experts.

That leaves me particularly interested to know your choices about COVID and your health:

What are you doing and thinking now?

By sharing that with me and our wonderful POP community you will be making a real contribution: thank you!